

15 hard vegan cheeses pdf

Veganism is the practice of abstaining from the use of animal products, particularly in diet, and an associated philosophy that rejects the commodity status of animals. A follower of the diet or the philosophy is known as a vegan (/ ˈvɛɡən / VEE-gĒ™n). Distinctions may be made between several categories of veganism. Dietary vegans (or strict vegetarians) refrain from consuming animal ...

Veganism - Wikipedia

Rennet / ˈrɛn.ɪt / is a complex set of enzymes produced in the stomachs of ruminant mammals. Chymosin, its key component, is a protease enzyme that curdles the casein in milk. This helps young mammals digest their mothers' milk. Rennet can also be used to separate milk into solid curds for cheesemaking and liquid whey. In addition to chymosin, rennet contains other important enzymes such ...

Rennet - Wikipedia

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